

Club Name:	Stowmarket & District Cycle Club	Assessment Completed by (name / role):	Paul Moss / Chairman
Club Address	43a Paper Mill Lane, Bramford, Ipswich. IP8 4BP	Date Completed	25th Mar 2021

Covid 19 Supplementary Risk Assessment for Club Activities & Coaching

Functional Area	Description of the Risk	Who is at Risk					Level of risk (pre-control) <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>	Controls to reduce the Risk	Level of risk (post-control)			Action Progress		
		P	G	H	M	L			H	M	L	Who (name)	When (due)	Complete (date)
In all cases if attending an existing facility for your activity ensure the facility operators have completed a covid 19 specific risk assessment and that you have been given a copy to understand the extra controls you may require to make your activity safe.														
Pre-Activity Communication	People not receiving appropriate and accurate information in advance of attending an activity	•			•		Activity guidelines developed and tested with sample of participants to ensure understanding and appropriate use of terminology			•	CHD/PM	28-Mar	Y	
	Activity guidelines not understood and adhered to by participants	•			•					•	CHD/PM	28-Mar	Y	
	Riders turning up with CV-19 symptoms or generally unwell	•			•		Pre activity guidelines to reiterate importance of not attending if showing ANY signs of illness			•	CHD/PM	28-Mar	Y	
Ride Meeting Point	People gathering in a public place and unable to maintain social distance	•	•	•			Guidelines published in website and on social media giving details of all Covid-19 mitigations. Riders must gather in groups of up to six according to their intended average speed as soon as they arrive at the meet point. Groups must stay well spaced out from each other at the meet point.			•	CHD/PM	28-Mar	Y	
	Group in excess of 6 gathering in one place	•	•	•						•	CHD/PM	28-Mar	Y	
	Government test and trace responsibilities	•					Ride leader required to record who is on the ride for the purposes of test and trace			•	CHD/PM	28-Mar	Y	
	Riders sharing bottles, equipment, passing things to each other, fixing mechanicals and general close interaction/mingling	•		•			All participants to be reminded of social distancing rules. Emails, newsletter and social media posts reminding riders of the guidelines			•	CHD/PM	28-Mar	Y	
During the club ride	Groups limited to maximum 15 ONLY during the ride itself. At all other times government guidelines must be followed i.e. Rules of 6, face covering, social distancing.	•		•			All participants to be reminded of social distancing rules. Emails, newsletter and social media posts reminding riders of the guidelines			•	CHD/PM	28-Mar	Y	
	Riders failing to maintain correct distance during ride	•		•						•	CHD/PM	28-Mar	Y	
	Riders failing to maintain correct distance during stops	•		•						•	CHD/PM	28-Mar	Y	
	Riders expelling bodily fluids i.e. spit, sweat, snot	•		•			Riders to be reminded to bring tissues/hankerchief to catch any bodily fluids that may be expelled. Noses MUST NOT be cleared whilst in a bunch			•	CHD/PM	28-Mar	Y	
First Aid Provision if present on the ride	First Aid provision unable to exercise correct treatment protocols in line with guidance	•		•	•		Ensure first aid provision is correctly qualified and has the necessary additional PPE and supplies in line with the guidance			•	N/A First Aid provision is not provided on club rides.			
	First aid provision unaware of protocols and actions should a person present with acute signs of covid 19 infection	•		•	•		Club to ensure first aider is conversant with current NHS guidance on the management of individuals presenting with covid 19 symptoms			•				
Ride Finish	Riders all finishing together and failing to maintain social distancing and/or groups of more than 6	•	•	•			All riders asked not to finish the ride together or attend a post ride meeting place			•	CHD/PM	28-Mar	Y	
	Café stop	•		•			Riders must split into groups of 6 and adhere to the café CV-19 guidelines. Riders should wear masks when ordering food and stay outside in groups of 6. Depending on numbers, as the fourth group of six riders arrives, the first group of six will need to leave, ensuring we never breach the maximum of 30			•	CHD/PM	28-Mar	Y	
		•	•	•						•				